



Conference dinner 19:30 in Turknaz Restaurant,
57 North Parade, Whitley Bay, NE26 1NX.

Meet at Turknaz or in The Brewery Pub, South Parade, from
18:30.

Walking time from Whitley Bay Metro to Turknaz, ~10 minutes.

Allow ~45 minutes to get from Monument or Haymarket Metro to
Whitley Bay. **Metro ticket: 3 zone day ticket, costs £5.20.**

Places to visit at the coast

Take the Metro to Tynemouth (~ 30 minutes from Monument or Haymarket Metro Stations).

- A) **Tynemouth Castle & Priory.** Medieval ruins on headland looking over the North Sea and mouth of the Tyne river. Entrance costs £6.30.
- B) Walk along the **beaches**, cliff tops and promenades between Tynemouth and Whitley Bay. Takes 1 to 1.5 hours.
- C) Look for the smuggler's **caves** in the cliffs behind Cullercoats beach.

Places to visit in the city centre

- The **Castle** keep and black gatehouse. The new Norman castle replaced the Roman castle. Exhibits about the history of the city. Good views of the city from the roof. Entrance costs £7.50.
- The **Laing Art Gallery.** The city's municipal art collection in a nice Victorian building. Don't miss local artist John Martin's apocalyptic painting "The destruction of Sodom and Gomorrah". Free (but charge for special exhibitions).
- **Baltic Centre for Contemporary Art.** Modern art in old flour mill on the south side of the Tyne. Free.
- **Great North Museum: Hancock.** Natural History and Archaeological museum. Esoteric collection. Lots about the Romans and Hadrian's Wall. Free.
- **The Lit and Phil**, near the Central Station. A beautiful private library founded in 1793. First building in the world to be lit by electric lights. Free to look around.
- **St Nicholas Cathedral.** 14th/15th century. Has an unusual lantern tower and contains many medieval artefacts.
- **Grainger Market.** Old, large, covered market near Monument. Nearby is the **Central Arcade**, an attractive Victorian shopping arcade.
- Walk down **Grey Street**, one of the best Georgian streets in the UK, and **Dean Street** to the river Tyne, then along the **Quayside**. See the Swing Bridge, Tyne Bridge and Millenium Bridge.